

PRELIMINARY PROGRAMME and call for paper

International Conference on Sports Rehabilitation and Traumatology

Football Medicine Strategies for Muscle & Tendon Injuries

n partnership with:





ENTLA

EDUCATION

RESFARCH

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PARTMEN

20th-21st April, 2013 - London The Queen Elizabeth II Conference Centre

> 22nd April, 2013 - Wembley Stadium Science of Football Summit



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FOOTBALL MEDICINE STRATEGIES FOR MUSCLE AND TENDON INJURIES Date: 20th - 21st April, 2013

Venue: The Queen Elizabeth II Conference Centre, London (UK)

SCIENCE OF FOOTBALL SUMMIT Date: 22nd April, 2013 Venue:

Wembley Stadium, London (UK)

CONFERENCE PRESIDENTS Bryan English, Stefano Della Villa

SCIENTIFIC DIRECTOR Giulio Sergio Roi

MANAGING DIRECTOR Mike Davison

CONFERENCE MANAGERS Giulia Indelicato Elliot Smith Cristina Zanetti Tel: +39 051 298 6814 congressi@isokinetic.com

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More information can be found online: www.FootballMedicineStrategies.com www.isokinetic.com



@footballmed

Football Medicine Strategies for Muscle and Tendon Injuries



A Conference Topic for All

The 'Football Medicine Community' is regularly confronted by muscle and tendon injuries to football players. In dealing with these injuries it is essential that all stakeholders are involved in the dialogue; including discussions over their prevention, diagnosis, treatment and rehabilitation.

Medical Staff

Doctors and physiotherapists at sports teams treat numerous muscular injuries per year and face constant pressures when diagnosing, estimating recovery time and mitigating against the risk of re-injury. Constant learning in this field is essential to improve the level of advice given to coaching staff.

Orthopaedic Surgeons

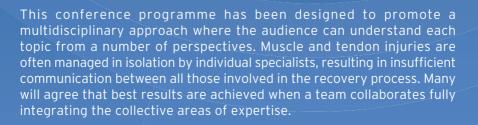
Orthopaedic surgeons are presented with a wide range of conditions, ranging from relatively simple cases to the most complex and debated issues in Sports Medicine. Key topics covered in this conference will therefore include chronic tendinopathies, ruptured tendons and muscle lesions.

Rehabilitation Specialists

Strength & Conditioning coaches, athletics trainers and other rehabilitation practitioners are responsible for guiding the athlete towards optimal performance via gradual and complete functional recovery programmes. Despite this period being one of the latter stages of the injury continuum, it is often susceptible to failure and should therefore be considered appropriately in order to minimise the risk of further injury.

Technical & Coaching Staff

Coaching and technical staff have the responsibility of managing athletes who compete in up to 70 matches and over 200 training sessions per year. With such a high risk of overload injuries, it is important that they are educated on the intricacies of these injuries including their prevention and proper rehabilitation.















The International Debate

A Football Medicine Community

2012's conference confirmed that there is a strong and devoted Football Medicine family, with delegates attending from over 63 countries. It was clear that delegates shared a common desire for professional development in order to both improve the general health of the footballer and aid athletes in reaching optimal performance. The conference itself proved that such events offer opportunities to meet colleagues, discuss best practice across geographies, leagues and other sports, and share knowledge in the field of Football Medicine.

London, a Crossroad of Cultures

The recent 2012 Olympics confirmed to all that London is a truly global city, not only for Sport and Sports Medicine. Whilst this has become a reality during the course of the last century, recent events have illustrated the continued internationalisation of London and the numbers speak for themselves: over 213 different nationalities coexist in London with reciprocal respect and freedom. Once again, we will welcome delegates from all corners of the world.

FIFA's Vision

F-MARC, FIFA's Medical Assessment and Research Centre has "over three hundred million football players to take care of". Through the '11+' and '11 for Health' programmes, F-MARC plans to deliver messages of health and injury prevention around the world. As a FIFA Medical Centre of Excellence ourselves, we are proud to support FIFA in their global mission.











Conference Venues

FOOTBALL MEDICINE STRATEGIES FOR MUSCLE & TENDON INJURIES The Queen Elizabeth II Conference Centre

In the very heart of London and Westminster, The QEII Conference Centre is ideally located to take advantage of everything London has to offer. Uniquely situated in the shadow of Big Ben, Westminster Abbey and the London Eye, this awardwinning, purpose-built venue was also the base of Casa Italia (home of the Italian Olympic Committee) during the London Olympics.

The conference will benefit from parallel sessions, with capacities of 780 in the 'Fleming Room' and 450 in the 'Churchill Auditorium', which has even hosted the likes of Nelson Mandela.

Furthermore a communal networking area (a British Agorà) will assist in providing scientific updates to an international community. The exhibition area, situated on the third floor, will host working lunches and coffee breaks for both delegates and speakers.

THE SCIENCE OF FOOTBALL SUMMIT Wembley Stadium

On Monday 22nd April the Conference moves to the home of English football, Wembley Stadium, for the Science of Football Summit. This world famous venue will play host to both theoretical and practical tutorials from experts in the field. Practical sessions will take place on the astroturf pitches of the Wembley complex, whilst lectures will be delivered in the stadium's modern, purpose-built conference halls.

Coaches, fitness staff and athletic trainers will all benefit from this truly inspirational venue to debate medical and scientific issues relating to muscle and tendon injuries. Topics will be shaped by real experiences emerging from the playing field.



















Scientific Programme Saturday 20th April, 2013

The Queen Elizabeth II Conference Centre FLEMING ROOM

9:00 Official Welcome Ian Beasley (UK), Mike Davison (UK)

Session 1

The Landscape

Chairs: Stefano Della Villa (ITA), Michel D'Hooghe (BEL) **FIFA's F-MARC strategies** 9:15 Jiri Dvorak (SUI) 9:30 Muscle & tendon epidemiology Jan Ekstrand (SWE) 9:45 Muscle injury prevention Roald Bahr (NOR)

- 10:00 Muscle injuries: developments over the last 30 years... 10:15 Muscle injuries: the proposal
- of a new classification system 10:30 Discussion
- 11:00 Break

Session 2

Groin Pain

- Chairs: Per Holmich (DEN), Damian Griffin (UK)
- 11:30 A clinical overview
- 11:45 Surgical innovation
- Groin pain and the Hip Joint 12:00
- 12:15 Does the sportsman's hernia exist?
- 12:30 When should a player return to full training
- 12:45 Discussion
- 13:15 Break

Session 3 The Hamstrings Muscle Group

- Chairs: Fabrizio Margheritini (ITA), Kai Mithoefer (USA)
- Experiences after 20 years in Serie A 14:30
- 14:45 UEFA's study group report
- 15:00 The AFL study group report 15:15
- Hamstring reattachment Proximal hamstring avulsions 15:30
- in professional footballer 15:45 Discussion
- 16:15 Break

Fabrizio Tencone (ITA) Markus Walden (SWE) John Orchard (AUS) Fares Haddad (UK)

Bertrand Sonnery-Cottet (FRA)

Hans Wilhelm Müller-Wohlfahrt (GER)

Peter Ueblacker (GER)

Peter Brukner (UK)

Ulrike Muschaweck (GER)

Bert Mandelbaum (USA)

Chris Bradshaw (AUS)

Bryan English (UK)

Session 4

Foot and Ankle Tendons

- Chairs: Antonio Delcogliano (ITA), Graham Smith (UK)
- 16:45 The footballer's Achilles tendon 17:00 Imaging and intervention in Achilles tendinopathy 17:15 Partial rupture and repair of the Achilles tendon
- 17:30 Surgical treatments for ankle tendons
- 17:45 Strengthening the chain
- 18:00 Discussion
- 18:30 End of the session

Francesco Benazzo (ITA)

Jerry Healy (UK)

Mark Davies (UK) Sandro Giannini (ITA) Bill Knowles (USA)

Scientific Programme Saturday 20th April, 2013

The Queen Elizabeth II Conference Centre CHURCHILL AUDITORIUM

International Conference on Sports Rehabilitation and Traumatology

Session 10

New Frontiers in Tendinous Interventions

Chairs:Thor Einar Andersen (NOR), Jonathan Bell (UK)11:30Ankle function is the keyJ11:45Biotechnology in the healing of tendonsA12:00Preservation of the Achilles tendonH12:15Shockwave therapyF12:30DiscussionH13:00BreakH

James Calder (UK) Alberto Gobbi (ITA) Hakan Alfredson (SWE) Furio Danelon (ITA)

Session 11

Imaging

	2	
Chairs:	Mario Padron (ESP), James Brown (UK)	
14:30	The possibilities in imaging for	
	muscles and tendons	Simon Blease (UK)
14:45	Groin pain and FAI imaging	Mario Padron (ESP)
15:00	The role of ultrasound for the	
	sports physician	Pierpaolo Zunarelli (ITA)
15:15	Imaging and surgery	Dimitrios Tsoukas (GRE)
15:30	Discussion	
16:00	Break	

Session 12

Upper Limb Injuries

Chairs:	Simon Kemp (UK), Riccardo Minola (ITA)
16:45	Goalkeepers and the unstable shoulder
17:00	Tendon lesions and the healing process
17:15	Lessons from American Football
17:30	Shoulder tendons and PRP
17:45	Discussion
18:30	End of the session

Andrew Wallace (UK) Alessandro Castagna (ITA) Michael Axe (USA) Pietro Randelli (ITA)



















Scientific Programme Sunday 21st April, 2013

The Queen Elizabeth II Conference Centre FLEMING ROOM

Session 5

PRP Therapy in Muscle and Tendon Injuries

- João Espregueira Mendes (POR), Claudio Zorzi (ITA) Chairs: Nicola Maffulli (UK)
- Current scientific evidence 8:30
- 8:45 Clinical experience with footballers
- 9:00 PRP and exercises
- 9:15 Discussion
- 9:30 End of the session

Session 6

Tendon Injury Interventions

Chairs: Paolo Adravanti (ITA), Tom Crisp (UK) 9:30 The history of interventions The timing of interventions in elite football 9:45 10:00 The management of tendon injuries 10:15 Exercise and conservative treatment in patellar tendon 10:30 Discussion 11:00 Break

Mike Hutson (UK)

Ramon Cugat (ESP)

Elizaveta Kon (ITA)

Kristof Sas (BEL) Lynn Snyder-Mackler (USA)

Michele Gemignani (ITA)

Session 7

The Infrapatellar Tendon

Chairs: Nicola Maffulli (ITA), Maurilio Marcacci (ITA)

- 11:30
- 11:45
- 12:00
- Can they return to full function post surgery? 12:15
- 12:30 **Rehabilitation principles**
- 12:45 Discussion
- 13:15 Break

Session 8

Injuries to the Quadriceps Femoris Muscle Group

- Chairs: Donato Rosa (ITA), Richard Higgins (UK)
- 14:30 Complex anatomy of kicking muscles
- 15:00 Return to training criteria
- 15:15 The treatment of a quadriceps tear
- 15:30 Indications for surgery
- 15:45 Conservative and surgical treatments
- 16:00 Discussion
- 16:15 Break

Session 9

FIFA Medical Centres of Excellence - Case Reports

- Chairs: Lars Peterson (SWE), Hakim Chalabi (QAT)
- 16:30 Italy
- 16:40 Belgium
- 16:50 **Czech Republic**
- 17:00 Qatar
- 17:10 Germany
- 17:20 Sweden
- 17:30 Discussion
- 18:00 End of the session

Matthew Stride (UK) Pieter D'Hooghe (BEL) Jiri Chomiak (CZE) Cristiano Eirale (QAT) Werner Krutsch (GER) Magnus Forssblad (SWE)

10

- Stefano Zaffagnini (ITA) Andy Williams (UK) Jon Fearn (UK)
 - Alex Nieper (UK) Luis Serratosa (ESP) Marco Zanobbi (ITA) Stefan Hinterwimmer (GER)
- - Andrea Ferretti (ITA)
- Christian Schneider (GER) Daniel Medina (ESP)
- A clinical overview Case studies from La Liga Rupture and repair

Scientific Programme Sunday 21st April, 2013

The Queen Elizabeth II Conference Centre CHURCHILL AUDITORIUM

Session 13

Lessons from Rugby

Chairs:	Jesús Olmo Navas (ESP), Julian Widdowson (UK)		
8:30	Experiences from the Southern hemisphere	Craig Roberts (RSA)	
8:45	Muscle injuries in Rugby and Football	Gianluca Melegati (ITA)	
9:00	Experience from the Six Nations	Phil Batty (UK)	
9:15	Discussion		
9:30	End of the session		

Session 14

Young Athletes

Chairs:	Gary Lewin (UK), Steve Lewis (UK)
9:30	Young female football players
9:45	The young footballer
10:00	Overuse injuries in young footballers
10:15	Discussion
10:45	Break

Elvire Servien (FRA) Anita Biswas (UK) Piero Volpi (ITA)

Session 15

Injury Prevention

Chairs:Mark Bender (UK), Gino Kerkhoffs (NED)11:30Injury prevention with the FIFA 11+N11:45The prevention of recurring muscle injuriesH12:00Perfecting the rehabilitation processH12:15The role of the chiropractorH12:30DiscussionH13:00BreakH

Nicolas Mathieu (SUI) Kyriakos Tsapralis (ITA) Holly Silvers (USA) Franco Cento (ITA)

Juan Manuel Alonso (ESP) Simon Petrides (UK)

Session 16

The Spine and Muscular Injuries

Chairs: 14:30	Charlotte Cowie (UK), Michael Mayer (GER) Lessons from Track & Field
14:45	Prolotherapy in footballers
15:00	The role of spinal stability and biomechanics
	in the prevention programme
15:45	Soft tissue injuries of the spine
16:00	Discussion
16:15	Break

Session 17

Physical Therapies for muscle & tendon injuries

Chairs:	Nicola Phillips (UK), Nikos Tzouroudis (UAE)		
16:30	The role of therapeutic exercises		
16:45	Physical therapies in rehabilitation		
17:00	Which modality to choose and when		
17:15	Experiences from both South Africa		
	and the UK		
17:30	Discussion		
18:00	End of the session		

Karen Hambly (UK) Steve Kemp (UK) Phil Glasgow (UK)

Clive Lathey (UK) Michael Mayer (GER)

Wayne Diesel (UK)

nal Conference

International Conference on Sports Rehabilitation and Traumatology













Parallel Events



University College London (UCL) Symposium Chaired by Dr. Fares Haddad

This symposium will cover scientific topics such as muscle physiology, the genetics of tendinopathies & muscular injuries and perspectives from physical therapy. International experts from University College London will form part of the faculty.

Confirmed Speakers To Date: Steve Harridge, Hugh Montgomery, Bruce Paton.



ECOSEP Workshop on the Diagnosis of Hamstring Injuries Chaired by Dr. Nikos Malliaropoulos

The European College of Sports and Exercise Physicians workshop will highlight the clinical approach of the Sports Medicine Doctor, focusing on hamstring injuries from the mechanism of the lesion to imaging and diagnosis.

Confirmed Speakers To Date: Carl Askling, Otto Chan, Kyriakos Tsapralis.



Italian Society of Muscles, Ligaments and Tendons Chaired by Prof. Nicola Maffulli

This event, organised by I.S.Mu.L.T., will present a proposal of new classifications for muscle injuries. Further topics will include the treatment of rotator cuff tears, the use of Hyaluronic Acid and evidence for using MSCs in tendons.

Confirmed Speakers To Date: Michele Abate, Antonio Frizziero, Francesco Oliva.

Supporting Organisation



In 2013, BASEM will celebrate its 60th Year. Formed by a group of doctors, mostly those who were acting as medical advisers to the Governing Bodies of sport, the aim of the organisation has always been to support and promote the discipline of Sport and Exercise Medicine in the UK, especially through education. BASEM has many strong international relationships and is one of the core groups involved with the British Journal of Sports Medicine.



How You Can Get Involved

Our conference has always welcomed active involvement from professionals within the industry. The multidisciplinary nature of the event provides the perfect platform to present Free Oral Communications and Research Posters to your colleagues.

Oral Communications will take place in parallel halls over the whole weekend, and posters will be displayed for the full duration of the conference in a dedicated Poster area. Delegates will have the opportunity to view the posters and discuss them during the Poster Sessions.

All Scientific Contributions should be submitted to the Scientific Direction by way of Abstract by the 10th of January 2013. Summaries of all presentations will be included in the "Abstract Book" which is unique to our event and is distributed to all delegates.

For more information and abstract submissions, please contact the Conference Manager at the following email: congressi@isokinetic.com



Scientific Programme Free Oral and Poster Sessions

Saturday 20th April, 2013

FREE ORAL Chairs:	Case reports 2 (Muscles) Gianni Nanni (ITA) Ralph Rogers (UK)
16:45-18:30	Giulio Sergio Roi (ITA)
Chairs:	Marco Narici (UK)
FREE ORAL	Functional assessment
14:30-16:15	Gergely Panics (HUN)
Chairs:	Angelo De Carli (ITA)
FREE ORAL	Orthopaedics
11:30-13:15	

13:30-14:30 POSTER A Chairs:

13:30-14:30 POSTER B Chairs:

13:30-14:30 **POSTER C** Chairs: Case reports 1 (Tendons) Lorenzo Boldrini (ITA) Lluis Til i Perez (ESP)

Modalities and rehabilitation Kirsty Burrows (UK) Stefano Respizzi (ITA)

Protocols Diana Bianchedi (ITA) Helen Millson (UK)

Sunday 21st April, 2013

8:30-9:30 FREE ORAL Chairs:

9:30-11:00

11:00-13:30

FREE ORAL

Chairs:

Chairs:

FREE ORAL

Case reports 1 (Tendons) Lorenzo Boldrini (ITA) Antonio Turmo (ESP)

Modalities and rehabilitation Kirsty Burrows (UK) Marco Zanobbi (ITA)

Protocols Diana Bianchedi (ITA) Helen Millson (UK) 13:30-14:30 POSTER E Chairs:

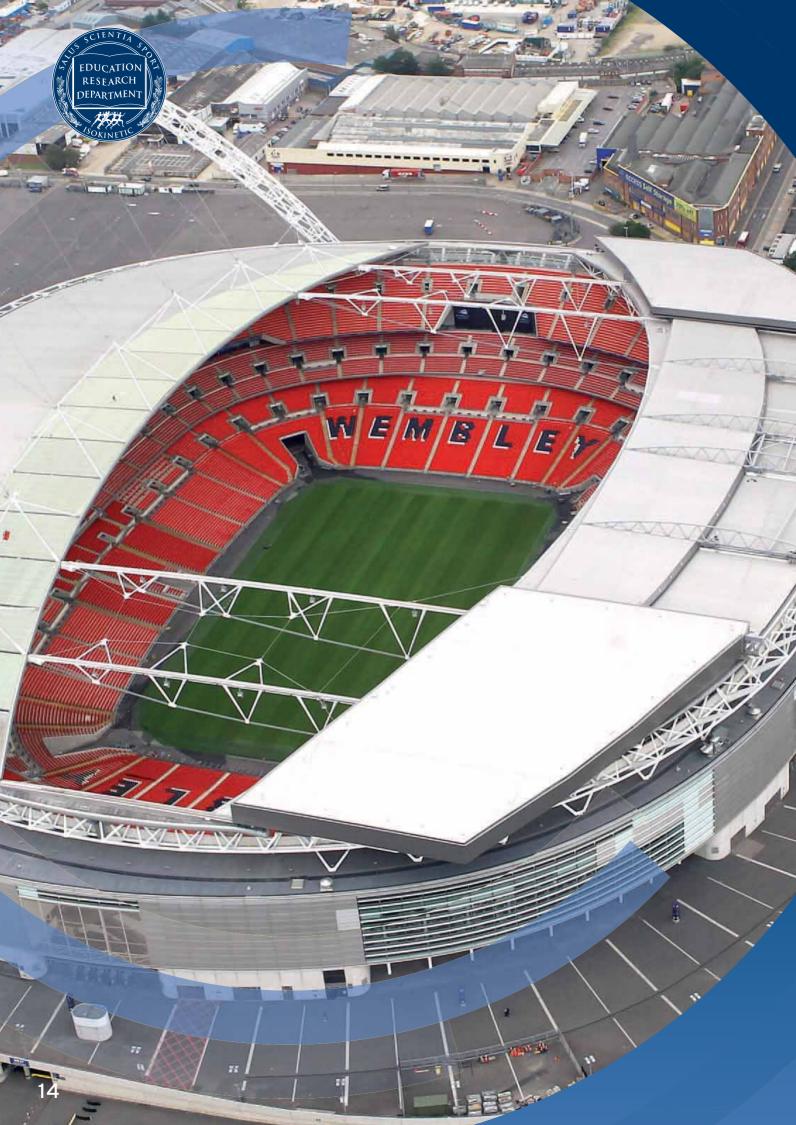
13:30-14:30 POSTER F Chairs:

13:30-14:30 **POSTER G** Chairs: **Case reports 2 (Muscles)** Emanuele Brotto (ITA) Matthew Stride (UK)

Functional assessment Marco Narici (UK) Giulio Sergio Roi (ITA)

Orthopaedics Angelo De Carli (ITA) Vincenzo Madonna (ITA)





The Science of Football Summit



International Conference on Sports Rehabilitation and Traumatology

Scientific Programme Monday 22nd April, 2013

Wembley Stadium Wembley Atrium & Royal Suite

8.30 Opening: welcome and introduction to the Summit Giulio Sergio Roi (ITA)

9:00 10:30 Loading patterns during training and games Chairs: Roy Hodgson (UK) - Ian Beasley (UK)

11:00 12:30 How to prevent fatigue in football: experience from across European clubs

Chair: Marco Narici (UK)

12:30-13:30 Round Table: return to play after musculotendineous injuries

Hosted by Gianluca Vialli. Panel composed of senior figures in club and international football (managers, current & former players, team doctors)

14:00-14:30 Lecture: FIFA F-MARC's concept of prevention Jiri Dvorak (SUI)

14:45-16:15 On-field tricks for functional recovery

Chairs: Bryan English (UK), Bill Knowles (USA)

16:15-17:45 On-field FIFA prevention programme Chair: Nicolas Mathieu (SUI)

17.45 End of the Summit















Isokinetic's Education & Research Department

The Education & Research Department, the body in charge of organising this event, represents the cultural heart of the Isokinetic Medical Group, continually updating medical practices. As a FIFA Medical Centre of Excellence, we have a common aim to promote research and scientific sharing throughout the Football Medicine Community. Isokinetic Medical Group's research findings are actively shared with the global Sports Medicine Community, with the hope to improve athlete and patient care around the world.

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The First Conference

The first edition of the International Conference on Sports Rehabilitation and Traumatology was organised along the shores of Lake Garda, Northern Italy, in 1992. Its goal was to bring together Sports Medicine professionals to discuss the most important and relevant topics related to athletes' health. We have worked hard to ensure that the core values, team ethic, friendship, hospitality and open networking which was symbolic of the first conference has remained in all subsequent editions.

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Embracing New Trends

In 2012, the Football Medicine Strategies conference broke down barriers to participation by offering a Live Online Streaming service, with delegates able to watch the event live from offices, clinics and universities around the world. This would be the first time that a Football Medicine conference was streamed online and would set the trend for future events.



The 2013 Event

In 2013 we will celebrate the 22nd edition of the conference and the second consecutive time it has been organised in London, with support from both The FA and F-MARC. Following the recent opening of the Isokinetic Medical Group's first clinic outside of Italy, in the heart of London, we welcome friends and colleagues to join us for this special occasion.



The Last 3 Isokinetic Conferences

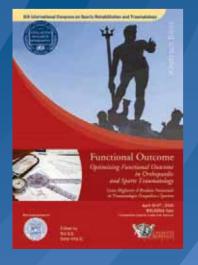
2010

XIX International Conference on Sports Rehabilitation and Traumatology

Functional Outcome. **Optimizing Functional** Outcome in Orthopaedic and Sports Traumatology

April 10-11th, 2010 - BOLOGNA **Convention Centre Trade Fair District**

Number of registered participants Bologna 2010	1316
Profile of participants	
20 - 30 y.o.	20%
31 - 45 y.o.	62%
Over 45	18%
Professions	
Doctors	55%
Physiotherapists	15%
Other (coaches, etc.)	30%
Origin	
Italian Delegates	95%
International Delegates	5%
Countries Represented	12
Speakers and Free Communications	
Free Oral Communications	69
Free Poster Communications	68



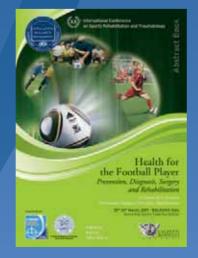
2011

XX International Conference on Sports Rehabilitation and Traumatology

Health for the Football Player

March 12-13th, 2011 - BOLOGNA **Convention Centre Trade Fair District**

Number of registered	
participants Bologna 2011	1745
Profile of participants	
20 - 30 y.o.	22%
31 - 45 y.o.	66%
Over 45	15%
Professions	
Doctors	54%
Physiotherapists	27%
Other (coaches, etc.)	19%
Origin	
Italian Delegates	87%
International Delegates	13%
Countries Represented	34
Speakers and Free Communications	
Free Oral Communications	55
Free Poster Communications	79



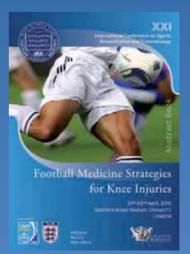
2012

XXI International Conference on Sports Rehabilitation and Traumatology

Football Medicine Strategies for Knee Injuries

April 21st-22nd, 2012 - LONDON Stamford Bridge Stadium

Number of registered	
participants London 2012	1105
Profile of participants	
20 - 30 y.o.	28%
31 - 45 y.o.	52%
Over 45	21%
Professions	
Doctors	51%
Physiotherapists	37%
Other (coaches, etc.)	12%
Origin	
Italian Delegates	38%
International Delegates	62%
Countries Represented	63
Speakers and Free Communications	
Free Oral Communications	58
Free Poster Communications	47





Faculty



Abate Michele Ancona (ITA) Physiatrist, Centro Polispecialistico Villa Musone



Adravanti Paolo Parma (ITA) Orthopaedic Surgeon, Consultant to Parma FC, Director of the Orthopaedic Department, Casa di Cura Città di Parma. President SIGASCOT



Alfredson Hakan Umea (SWE) Orthopaedic Surgeon, Professor of Sports Medicine, Umea University. Board member of the Swedish Sports Medicine Society



Alonso Juan Manuel Madrid (ESP) Sports Physician Chief Medical Officer, IAAF and Royal Spanish Athletics Federation



Andersen Thor Einar Oslo (NOR) Sports Physician, Team doctor Norwegian Men's National Team. Medical director of The Norwegian FA Medical Clinic and Associate Professor, Oslo Sports Trauma Research Center, FIFA Medical Centre of Excellence



Stockholm (SWE) Sports Physician, Researcher and lecturer, Swedish School of Sport and Health Sciences and Department of Molecular Medicine and Surgery, Karolinska Institutet

Askling Carl



Axe Michael Newark (USA) Orthopaedic Surgeon & Clinical Professor, University of Delaware



Bahr Roald Oslo (NOR) Professor of Sports Medicine, Oslo Sports Trauma Research Center, Norwegian School of Sports Sciences. Chief Medical Officer and Department chair for Olympiatoppen, Department of Sports Medicine at the Norwegian Olympic Training Center



Batty Phil North Yorkshire (UK) England National Rugby Team Doctor



Beasley lan London (UK) Sports Physician Head of Medical Services, The FA Chief Medical Officer, The Royal Ballet



Bell Jonathan Kingston Upon Thames (UK) Orthopaedic Surgeon, Orthopaedic Consultant at The New Victoria Hospital, Kingston



Benazzo Francesco Pavia (ITA) Orthopedic Surgeon & Professor, University of Pavia, Consultant to FC Internazionale and Italian Track & Field



Bender Mark London (UK) Consultant Physiotherapist, Clinical Director, Beyond Health, London



Bianchedi Diana Rome (ITA) Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Biswas Anita London (UK) Consultant in Sport and exercise Medicine, English Institute of Sport, Bisham



Blease Simon London (UK) Consultant Musculoskeletal Radiologist. Partner at Advanced Skeletal Imaging Partners



Boldrini Lorenzo Milan (ITA) Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Bradshaw Chris Geelong (AUS) Sports Physician, Head of Sports Medicine, Geelong AFL. Sport and Exercise Medicine Physician, Olympic Park Sports Medicine Centre



Brotto Emanuele Verona (ITA) Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Brown James Leeds (UK) Sports Physician, Clinical Director Health Partners Europe Ltd, Clinical Director Global Sports Medicine, Medical Consultant to the Northern Ballet Theatre Company



Brukner Peter Liverpool (UK) Sports Physician, Team Doctor, Australian Cricket Team



Burrows Kirsty London (UK) Physiotherapist, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Calder James London (UK) Foot & Ankle Surgeon, Chelsea & Westminster Hospital and Fortius Clinic



Castagna Alessandro Milan (ITA) Orthopaedic surgeon, Head of the Shoulder Surgery Unit Humanitas Clinic Institute



Cento Franco Torino (ITA) Chiropractor, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Chalabi Hakim Doha (QAT) Assistant CMO ASPETAR Qatar Orthopedic and Sport Medicine Hospital - FIFA Medical Centre of Excellence. Previously of Paris St. Germain FC







Chomiak Jiri Prague (CZE) Orthopaedic Surgeon, Associate professor of Orthop. Surgery, University of Prague, FIFA Medical Centre of Excellence



Cowie Charlotte London (UK) Sports Physician, Clinical Director of Perform at St George's Park



Crisp Tom London (UK) Sports Physician, Chair at BASEM, Clinical Director MSK Services at BUPA Health & Wellness UK, Sports Physician at London Sportscare



Cugat Ramon Barcelona (ESP) Orthopaedic Surgeon, Garcia Cugat Foundation Arthroscopy GC, Quiron Hospital, Orthopaedic Consultant to Professional Football Clubs



Danelon Furio Milan (ITA) Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Davies Mark London (UK) Orthopaedic Surgeon, Founder and Clinical Director of the London Foot and Ankle Centre, London



Davison Mike London (UK) London Managing Director, Isokinetic Medical Group - FIFA Medical Centre of Excellence





De Carli Angelo Rome (ITA) Orthopaedic Surgeon and Sports Physician, University of Rome, Italian U21 Team Physician



Delcogliano Antonio Rome (ITA) Orthopaedic Surgeon S. Carlo di Nancy Hospital Associated Professor University Cattolica Sacro Cuore



Della Villa Stefano Bologna (ITA) Physiatrist, President of Isokinetic Medical Group - FIFA Medical Centre of Excellence



D'Hooghe Michael Bruges (BEL) FIFA and UEFA Medical Committee chairman. FIFA Executive Committee Member



D'Hooghe Pieter Bruges (BEL) Orthopaedic Surgeon Head of the Sports Surgical Department of the Flanders, FIFA Medical Centre of Excellence. Orthopaedic Surgery Department at Aspetar



Diesel Wayne London (UK) Physiotherapist & Sports Scientist, Head of Medical Services, Tottenham Hotspur FC





FIFA - Chairman of F-MARC - IOC Medical and Science Committee Member Eirale Cristiano

Chief Medical Officer.

Dvorak Jiri

Zurich (SUI)

Doha (QAT) Sports Physician, ASPETAR, Orthopedic and Sport Medicine Hospital - FIFA Medical Centre of Excellence - Qatar National Football Team Doctor



Ekstrand Jan Linköping (SWE) Orthopaedic Surgeon & Professor of Sports Medicine, Vice President UEFA Medical Committee



Espregueira-Mendes João Porto (POR) Orthopaedic Consultant to FC Porto. Vice-President of the ESSKA, Chairman and Professor, Orthopaedic Department of Minho University



Fearn Jon London (UK) Physiotherapist First Team at Chelsea Football Club







Forssblad Magnus Stockholm (SWE) Orthopaedic Surgeon, Stockholm Sports Trauma Research Center, FIFA Medical Centre of Excellence. Chairman of the Medical Committee of the Swedish Football Association. Chairman of the Sports Committee of ESSKA









Giannini Sandro Bologna (ITA) Orthopaedic Surgeon & Professor of Orthopaedics and Traumatology, University of Bologna Director of Movement Analysis Laboratory

Glasgow Phil Belfast (UK) Sports Physician, Head of Sports Medicine at Sports Institute Northern Ireland





Gobbi Alberto Milan (ITA) Orthopaedic Surgeon and Sports Physician President of Orthopaedic Arthroscopic Surgery International. Founder of OASI Bioresearch Foundation Gobbi ONLUS



Griffin Damian Warwick(UK) Orthopaedic Surgeon, Professor of Trauma and Orthopaedic surgery at The University of Warwick



Haddad Fares London (UK) Consultant Orthopaedic Surgeon, Professor of Orthopaedic and Sports Surgery, University College Hospital and the Institute of Sport, Exercise & Health



Hambly Karen London (UK) Physiotherapist, Senior Lecturer. School of Sport and Exercise Sciences, University of Kent



Harridge Steve London (UK) Physiologist, Professor of Human & Applied Physiology and Director of the Centre of Human and Aerospace **Physiological Sciences** (CHAPS), Kings College London











Healy Jerry London (UK) Consultant MSK Radiologist The Fortius Clinic, Chelsea and Westminster Hospital, Honorary Senior Lecturer Imperial College London



Higgins Richard Sheffield (UK) Medical Officer, Sheffield Wednesday and England U21 Football and Northern Lead Sports Physician to the English Institute of Sport

Hinterwimmer Stefan Munich (GER) Orthopaedic and trauma surgeon

Holmich Per Copenhagen (DEN) Orthopaedic Surgeon, MD Associate Research Professor and Chief Surgeon, Amager Hospital, Copenhagen



Kemp Simon London (UK) Sports Physician, Head of Sports Medicine, Rugby **Football Union**



Kemp Steve

St. George's Park (UK) Elite Football Physiotherapist at St George's Park Working on behalf of The Football Association & Perform



Kerkhoffs Gino Amsterdam (NED) Orthopedic Surgeon, Academic Medical Centre, Amsterdam. Member of the Dutch Medical Society, Dutch Orthopaedic Society, Dutch Orthopaedic Traumatology Society



Knowles Bill Vermont (USA) Certified Athletic Trainer and Director of iSPORT Training at the Vermont Orthopaedic Clinic



Kon Elizaveta Bologna (ITA) Orthopaedic Surgeon, Rizzoli Orthopaedic Institutes, Member of the board at ICRS President of Cartilage committee of SIGASCOT



Krutsch Werner Regensburg (GER) Orthopaedic Surgeon and Sports Physician, Medical Coordinator of FIFA Medical Centre of Excellence Regensburg





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Lewin Gary London (UK) Head of Physiotherapy at The Football Association and England National Fooball Team



Lewis Steve Fulham (UK) Sports Physician. First Team Doctor, Fulham FC



Madonna Vincenzo Verona (ITA) Orthopaedic Surgeon, Ospedale Sacro Cuore-Don Calabria Hospital of Negrar, Associated professor, University of Perugia



Maffulli Nicola London (UK) Centre Lead and Professor of Sports and Exercise Medicine, Consultant Trauma and Orthopaedic Surgeon, Queen Mary University of London



Malliaropoulos Nikos Thessaloniki (GRE) Sports Medicine Physician, EJU Medical Committee Member, General Secretary ECOSEP



Mandelbaum Bert Santa Monica (USA) Director, Santa Monica FIFA Medical Center of Excellence, Co-Director Chan Soon Shiong Musculoskeletal Institute at Saint Johns Hospital, Member F-MARC Committee, Team Physician, Pepperdine University, LA Galaxy, Chivas USA, Assistant Medical Director



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Margheritini Fabrizio Rome (ITA) Orthopaedic Surgeon, University of Rome



Mathieu Nicolas Bramois (SUI) Physiotherapist, University of applied Sciences, PT of Swiss National Team Football U21 FIFA 11+ Instructor Vice President of the Swiss Sports Physiotherapy Association



Mayer Michael Munich (GER) Orthopaedic Surgeon Medical Director of the Orthopaedic Clinic Munich-Harlaching -FIFA Medical Centre of Excellence



Medina Daniel Barcelona (ESP) Sports Physician Medical staff of Barcelona FC



Melegati Gianluca Milan (ITA) Sports Physician and Physiatrist, Istituto Ortopedico Galeazzi, Head of Medical Staff National Rugby Team



Millson Helen Ipswich (UK) M. Phil. Sports Physio; MCSP



Minola Riccardo Milan (ITA) Orthopaedic Surgeon, Polo Chirurgico Capitanio Istituto Auxologico Italiano



Mithoefer Kai Chestnut Hill (USA) Assistant Medical Director Major League Soccer, Team Physician US Soccer Federation, Director of Sports Medicine, Harvard Vanguard Medical Associates - Boston



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Müller-Wohlfahrt Hans Wilhelm

Munich (GER) Sports Physician, Club doctor at Bayern Munich. Team Doctor, **German National** Football Team. Müller-Wohlfahrt Orthopaedic Centre in Munich



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Paton Bruce London (UK) Clinical Specialist Physiotherapist, Lower Limb Extended Scope Practitioner University College London



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Narici Marco

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Petrides Simon Milton Keynes (UK)

Musculoskeletal &

Sports Physician

Blackberry Clinic,

Vice President of the

British Institute of

Musculoskeletal

Medicine

Clinic Director

Milton Keynes



Orchard John Sydney (AUS) Sports physician, Injury prevention researcher, Cricket NSW & Sydney Roosters doctor, Assoc Editor BJSM



Padron Mario Madrid (ESP) Radiologist, Chairman Department of Radiology, Clinica Cemtro Madrid, President of the European Society of Musculoskeletal



Panics Gergely Budapest (HUN) Assistant Professor Semmelweis University, Dept. of Traumatology Uzsoki Hospital Dept. of **Orthopedics - FIFA** Medical Centre of Excellence

Phillips Nicola Cardiff (UK) Physiotherapist, Deputy Head of School Director Innovation and International School of Healthcare Studies, Cardiff University



Randelli Pietro Milan (ITA) Orthopaedic Surgeon, Adjunct Professor University of Milano Surgical Medical Science Department San Donato Policlinic



Nieper Alex London (UK) Sports Physician, London Scottish Rugby and London Bridge Hospital



Radiology





Respizzi Stefano Milan (ITA) Physiatrist and Sports Physician. Head of the Rehabilitation Department Humanitas Clinic Institute of Milan



Roberts Craig Durban (RSA) Sports Physician, South African National Rugby Team Doctor



Rogers Ralph London (UK) Consultant Sport & Musculoskeletal Physician London



Roi Giulio Sergio Bologna (ITA) Director of the Education and Research Department. Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Rosa Donato Naples (ITA) Orthopaedic Surgeon. University Federico II



Sas Kristof Bruges (BEL) Sports Physician, Medical director Club Brugge KV, Belgium





Serratosa Luis Madrid (ESP) Sports Physician, First Team Physician. Real Madrid FC

Schneider Christian

& Chief Physician,

Munich-Harlaching

Orthopaedic Clinic -

FIFA Medical Centre of

Orthopaedic Surgeon

Munich (GFR)

Excellence



Servien Elvire Lyon (FRA) Orthopaedic Surgeon, Knee & Shoulder Surgery, Hopital de la croix-rousse Lyon University, FIFA Medical Centre of Excellence

Silvers Holly Santa Monica (USA) Physical Therapist, Santa Monica Sports Medicine Foundation. **US Soccer Federation** Medical Team, FIFA Medical Centre of Excellence

Smith Graham Glasgow (UK) Physiotherapist, Professor and independant rehabilitation and sports injury consultant

Snyder Mackler Lynn Newark (USA) Physical Therapy, **Biomechanics and**



Sonnery-Cottet Bertrand Lvon (FRA) Orthopaedic Surgeon. Centre Ortopedique Santy, FIFA Medical Centre of Excellence



Stride Matthew London (UK) Sports Physician. Isokinetic Medical Group - FIFA Medical Centre of Excellence



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Tzouroudis Nikos Al Ain (UAE) Sports Physician Chief Medical Officer Al Ain FC UAE



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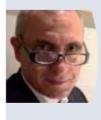
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Walden Markus Linköping (SWE) Orthopaedic surgeon Football Research Group Linköping



Williams Andy London (UK) Orthopaedic Surgeon, Knee Surgeon Fortius Clinic, Reader at Imperial College London, and Honorary Senior Research Fellow University of Oxford



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Zanobbi Marco Rimini (ITA) Physiotherapist, Isokinetic Medical Group - FIFA Medical Centre of Excellence



Zunarelli Pierpaolo Bologna (ITA) Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



How to Join Us

The Queen Elizabeth II Conference Centre Broad Sanctuary, Westminster, London SW1P 3EE





By Tube

Westminster - Jubilee, Circle & District lines (160m) St James' Park - Circle & District lines (160m) Victoria - Victoria, Circle & District lines (0.7mi / 1km) **By Rail**

Exit all stations towards Westminster Abbey Charing Cross (0.7mi / 1km) Victoria - for Gatwick Airport (0.7 mi / 1km) Waterloo (1mi / 1.6km)

Wembley Stadium

Wembley, London HA9 OWS





By Tube

Wembley Park Station - Jubilee & Metropolitan lines (400m) Wembley Central St. - Bakerloo & London Overground lines (0.7 i / 1km) By Rail

Wembley Stadium Station - Chiltern Railways (400m)

Commercial Opportunities



The Scientific Director encourages commercial partners to participate in this event. Opportunities include exhibition booths, inserts in delegate bags and the sponsoring of conference sessions. Customised solutions also available.

Contributing to the culture of the conference by way of scientific content, we also encourage exhibitors and sponsors to submit both oral and poster presentations on topical issues and would support those looking to organise private workshops. The involvement of partner companies is fundamental to the success of this conference and with your contribution, many delegates will leave the event with new ideas to be implemented in the field.

For all those interested in the Exhibitor Information Pack, please contact the Conference Manager at the following email address: congressi@isokinetic.com.

Key Dates

Deadline for abstract submission10th January 2013Notification to authors10th February 2013Deadline for early registrations1st February 2013Deadline to register online17th April 2013



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Registration

For online registration please visit www.FootballMedicineStrategies.com and fill the form in the 2013 Conference Section.

Registration Fees	By 1 st February 2013	After 1 st February 2013	The registration fee for participants include • Admission to all scientific sessions
Both days + Summit	£ 375	£ 550	 Admission to the exhibition hall and networking area
Single day (Saturday or Sunday)	£ 225	£ 275	Admission to sponsored workshops
Students both days + Summit	£ 200	£ 300	(dependent on room capacity)
Student single day (Saturday or Sunday)	£ 100	£ 150	• Conference material (conference bag,
Only Summit on Monday	£ 75	£ 100	abstract book & conference programme) • Tea & coffee breaks
Students only Summit on Monday	£ 50	£ 75	Certificate of participation

Payment

Payment for the Conference can be made by Credit Card and Bank Transfer. All payments must reflect the registration option selected and deferred payments will not be accepted. Further information is available at www.FootballMedicineStrategies.com

Students

Students are entitled to a reduced fee. Valid certification by fax (+39 051 2986886) or by e-mail (congressi@isokinetic.com) is required.

Cancellation

If you need to cancel your registration, please notify us by fax (+39 051 2986886) or by e-mail (congressi@isokinetic.com). There is a refund of 70% of registration fee before 20th March 2013.

Official Language

The official language is English. Simultaneous translation is not provided.

Accommodation



HOTEL	SPECIAL RATE (VAT and breakfast Included)	WEB-SITE	DETAILS
InterContinental ***** Westminster	£282 Single/Double (Room Only)	www.intercontinental.com	Brand New 5 star hotel and the closest to the QEIICC
St. Ermins **** (Mgallery)	£204 Single £228 Double	www.sterminshotel.co.uk	Recently renovated 4 star deluxe hotel located across from Scotland Yard - 5 minute walk from the QEIICC
Park Plaza **** Westminster Bridge	£204 Single £216 Double	www.parkplaza.com	4 star hotel located close to Waterloo Station - 5 minute walk across Westminster Bridge to The QEIICC
DoubleTree by Hilton **** Westminster	£210 Single £234 Double	http://doubletree3.hilton.com	Modern hotel located close to The Houses of Parliament. Free use of IMAC's in all rooms
Holiday Inn Express *** London Victoria	£145 Single/Double	www.hiexpress.com/Victoria	Budget hotel located close to Pimlico Station
The Rubens **** at the Palace	£210 Single £222 Double	www.rubenshotel.com	4 star deluxe boutique hotel located close to Buckingham Palace and Victoria Station
The Kensington *** Close Hotel	£130 Single £140 Double	www.kensingtonclosehotel.com	Close to High Street Kensington Tube Station. Direct route via Circle line to Westminster - 15 minutes
Apex **** Temple Court	£149 Single £159 Double	www.apexhotels.co.uk	Recently opened hotel close to Fleet Street. Catch the tube at Temple to Westminster in just 2 stops
Corus **** Hyde Park	£170.40 Single £182.40 Double	www.corushotels.com	Located close to Kensington Gardens and 1 minute walk to Lancaster Gate Tube Station







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